



RIVER PEDIATRIC THERAPIES

Typical Developmental Skills Checklist

0-3 MONTH SKILLS

- Smiles responsively (2 months)
- Imitates when you stick out your tongue (3 months)
- Raise head on tummy
- Track objects with eyes
- Open and Shut hands and bring to mouth
- Grip objects
- Swipe at toys
- Stares at hands and fingers
- Bring both hands together to midline
- Different vocalizations for anger, content, hunger

4-6 MONTH SKILLS

- Roll front to back and then both directions
- Babble
- Laugh
- Grab and manipulate objects
- Sit with support
- Gets on all fours and rocks (5months)
- Enjoys play
- Cries when playing stops
- Blows raspberries (5 months)
- Transfer object hand to hand (5 months)
- Reaches and cries for mommy and daddy when out of site (5months)
- Looks when name is called (6 months)
- Holds toy in midline

7-9 MONTH SKILLS

- Start to crawl
- Scoot on bottom
- Army crawling
- Sit without support
- Clap and play peek-a-boo (8 months)
- Object permanence (9 months)
- Stranger anxiety (9 months)
- Pull up to stand
- Responds to “no”
- Responds to “come here” if able to roll or crawl
- Reduplicative babbling “bababababa”
- Variegated babbling “papadaba” (9 months)

10-12 MONTH SKILLS

- Feed self with pincer grasp
- Pulls to stand (10 months)
- Waves bye-bye (10 months)
- Learns cause-effect (10 months I cry mom comes)
- Cruise around furniture
- Say 1 to 3 words (Mama Dada)
- Point to objects to get your attention
- Turns page in book (11 months)
- Drops spoon in meal time to test you (11 months)
- Begin pretend play (talk on phone)
- Take first steps
- Gives object when asked
- Shows affection

12-18 MONTH SKILLS

- Points to pictures in books
- Share a piece of food
- Full range of emotions (tantrum, bite may be seen)
- Build blocks tower
- Scribble with crayon
- Hold own cup without spilling
- Feed self with spoon
- Remove socks
- Walk independently (12-15 months)
- Run

- Squat and pick up
- Crawl up stairs
- Pull a toy while walking
- Throw ball
- Says no to adult requests
- Hugs and kisses
- Imitates parents such as chores
- Tries to help around house
- Plays next to child but does not share

18 MONTH - 2 YEAR SKILLS

- Turn knobs
- Wants to do everything “by myself”
- Paint with moving whole arm
- Imitate vertical line
- String large beads
- Feed self with fork
- Large Zipper
- Shape sorter
- Kick a ball
- Stops mouthing toys
- Says 25-50 words (18 months)
- Comments
- Points to 15 or more pictures
- Says 3 animals sounds (18 months)
- Points to 5 body parts (18 months)
- Points to 6-8 body parts (2 years)
- Names 6 objects when given function (what do we drink with?) (2 years)
- Says 150-200 words (2 years)
- Independent 2-3 word phrases (2 years)
- Listens to stories (2 years)
- Says verbs (eat, drink, sleep, etc) and adjectives (big, hot, etc.) (2 years)

2-3 YEAR OVERALL SKILLS

- Walks on tip-toes
- Jump off step
- Ride tricycle
- Balance beam walk
- Catch a ball
- Walk alone on stairs alternating going up
- Walk down stairs two feet on same step

- Fold paper in half
- Imitate a cross drawing (3 years)
- Cut with scissors
- Hold crayon with thumb and fingers
- Stack 9 blocks (28 months)
- String small beads
- Button
- Begins to play house
- Separates easily from parents
- Defends possessions
- Rapid mood changes
- May start to be shy
- Dress self with some help
- Imitate drawing circle

2 ½ Years Speech and Language Skills:

- Follows simple 2-step directions
- Says 500 words
- Answers simple questions (where, what, etc.)
- Points to parts of objects (tail on dog)
- Says 3-4 word phrases
- Says pronouns “I, me, my”
- Knows if boy or girl
- Points to 5 colors

3 Years Speech and Language Skills:

- Answers “why, where, how many” questions
- Says 800 words
- Says 5-word sentences
- Follows directions containing 3 actions
- Corrects others
- Requests permission
- Prefers play in groups of 2-3 children, sharing more
- Speech is 75% intelligible to strangers

BY AGE 4 YEARS: Speech is 100% intelligible to strangers

Created by Cherie River, River Therapies

Resources: *Child Development Institute, The Late Talker, First Signs, and Effective Early Intervention*