**Sensory Processing** **Red Flags** **Birth to 3 years:**

1. Extreme dislike of brushing teeth, nails cut, washing hair
2. Picky eater- Refuses certain textures
3. Extreme difficulty getting face and hands messy
4. Fear of having feet off ground (swinging, stepping off step)
5. Constant climbing, jumping, crashing, and can not sit still
6. Dislikes sand, lotion, or certain fabrics
7. Seeks spinning, swinging, or movement excessively
8. Muscles are floppy and has hard time sitting up straight
9. Trouble with transitions and sleep
10. Gets easily startled
11. Resists cuddling
12. Does not notice pain
13. Slow to respond if hurt
14. Arches back when others try to hold child
15. Clumsy
16. Constant motion
17. Overly sensitive to stimulation
18. Does not like noises, smells, lights
19. Gets in everyone else’s space and touches everything
20. Shows fear when tilted backward

\*Adapted from: Processing Made Simple and Star Ch